



St Brigid's Marrickville

In the Catholic Archdiocese of Sydney, Australia
Est 1886. Under the Pastoral Care of the Passionists since 1887

392 Marrickville Rd, Marrickville 2204

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Parish Team:

Fr Giltus Mathias CP	Fr Joseph Sy Ho Doan CP
Fr James Cong CP	Sr Elenita Flores CP
Sr Rosana Estoque CP	James Yeo - Safeguarding Officer
Mona El-Khoury	Pongia Fenukitau
Elena (Len) Di Perna	Jenny Ryan-Cook

One Family, Alive in Christ

We stand at the Crossroads of life for many people.

20th Sunday in Ordinary Time - Year B

18th August, 2024

St Brigid's Parish Marrickville, acknowledges and pays respect to the traditional owners of the land on which it is built, the Gadigal people of the Eora nation.

Pastoral Ministry Contacts

Adult Sacraments:

Sr. Rosana

Bereavement Ministry:

Sr Elenita & Michael

Schiano

CCD in State Schools:

Sr Elenita

Children's Sacraments:

Sr Elenita

Ecumenical & Interfaith:

Jim Yeo

Family Group:

Adrienne & Jonathan

Harverson

Justice & Peace Network:

Peter Jennings

Liturgy C'tee:

Sr Rosana

Maintenance C'tee:

Michael Daher & Pongia

Fenukitau

Men's Club:

Arthur Kassis, John Skinner

& Mick Ward

Ministry of Care:

Sr Rosana

Music Director:

Frank Mafi

Safeguarding Officer:

Jim Yeo

Seniors' Group:

John Freeman & Richard

Gonsalves

Youth & Young Beacons

Jenny Ryan-Cook &

Kristen Roehrig



Dear sisters, brothers, and friends in the parish family,

"I'm the Bread of life"

The saying "You are what you eat" gained popularity in the 1960s and was actually the title of a book published in 1940. However, the concept's origins and truth go much further back. In 1863, the German philosopher Ludwig Feuerbach stated, "Man is what he eats." Before him, a Frenchman named Savarin remarked, "Tell me what you eat and I will tell you what you are." Long before these, a first-century Jew named Jesus expressed the idea that eating perishable food leads to death, whereas consuming enduring food brings eternal life. What we consume, how we nourish ourselves, influences our physical, emotional, and spiritual health, ultimately determining our state of being.

The notion "You are what you eat" transcends the literal and delves into the spiritual realm. Hunger is not merely a physical condition but a spiritual one, rooted in a longing for God. Human beings are inherently hungry, seeking sustenance to live. Underneath all our hungers and desires lies a profound yearning for God. This yearning, however, originates from God's own desire for us. Between humanity and God exists a mutual longing, a hunger for connection.

God created humans with a hunger that only divine attributes and life can satisfy. This is the sustenance that lasts, the heavenly bread that gives life to the world. It is the bread of joy, peace, humility, surrender, unity, beauty, generosity, compassion, mercy, forgiveness, wisdom, truth, faith, hope, and love. This is the satisfying bread, embodied in Jesus Christ. By embracing Him, we become more like Him. After all, we are what we consume. Sometimes, we settle for the illusion of fullness rather than the reality of divine presence and satisfaction. We often seek perishable food instead of enduring nourishment. Without a change in appetite, we would return empty repeatedly.

Many of us are familiar with this cycle of emptiness, restlessness, and unending hunger—a continuous search day after day. We eat, become full, but remain unsatisfied. Often, during these times, we have consumed perishable food. We've ingested the bread of fear, sorrow, loss, judgment, anger, resentment, arrogance, lies, self-doubt, ego, false pride, self-hatred, regret, power, control, leaving us empty.

Every day, we choose the food we consume. Every day, we decide what we will feed others - our friends and families, those in need, strangers, enemies, the world, even the church. This choice is complex, as there seems to be an internal desire for both enduring and perishable food. Honestly, there are moments I have wanted to grab a loaf of anger and lash out, and times when I have wallowed in self-pity. However, that food has left me emptier than before.

Within us rages a battle between our hunger for enduring and perishable food. It is truly a matter of life and death. A Native American parable illustrates this battle well:

An old Cherokee chief was teaching his grandson about life. "A fight is going on inside me," he told the boy. "It is a terrible fight between two wolves. One is evil - anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, self-doubt, and ego. The other is good - joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith. This same fight is going on inside you - and every other person, too."

The grandson pondered this and then asked, "Which wolf will win?" The old chief simply replied, "The one you feed."

Solemnity of the Assumption of Mary

The Assumption of Mary was celebrated on August 15th. As it was a holy day of obligation, the church was packed for all the services. Children from St. Brigid Primary School and Lewisham Christian Brothers School joined the 9:00am Mass. Additionally, a special Mass for Casimir College students was held at 11:00 am. Ruby Drosos and Zara Cooper, students from Casimir, created a beautiful poster to commemorate the feast and led the opening procession of the liturgy.

May the Blessed Virgin Mary intercede for us all.



Fr. Giltus CP



Sacrament of Confirmation 2024

Please register ASAP. This Sacrament will be celebrated on 17th November at St Mary Cathedral.

Parent Information Night will be held on 25th September at 7pm. Attendance is a must.

Preparation sessions start Sunday 13th October

RCIA PROGRAM

Rite of Christian Initiation for Adults

Our RCIA program will begin soon for those wanting to receive the Sacrament of Initiation into the Catholic Church. Please contact the parish office or email rosana@stbrigid.org.au

GPBS - The 2025 Jubilee Pilgrimage

3 May - 24th May 2025

Pope Francis invites the Church, the women and men of our time, to rediscover the theme of hope.



The 'Pilgrims of Hope,' Jubilee 2025 offers a unique opportunity for all God's people to strengthen their faith, experience God's grace and share hope with the world. Plan to join us for a reasonably priced experience of Christian pilgrimage, as we visit some of the most treasured places of our heritage and story.

Please call 0412 850 883 for more information

Senior's Group

Meeting 3rd Sunday of the month at 2.00pm.

All welcome

Catholic Mission Calls for Parish Support for Community Refugee Sponsorship, an Initiative for a New Life in Australia

Catholic Mission is promoting the Community Refugee Integration and Settlement Pilot program (CRISP) and offers support to parishes who would like to form a group to welcome a refugee family or individual. The program is an excellent way to build community and live out "faith in action."

To live without the fear of war, to have your basic human rights upheld, to live in equality and without the fear of persecution, these are just some of the examples of freedom that most of us experience. Sadly, many refugees are waiting for years to have an opportunity to find such freedoms in a new home. Community sponsorship offers a supported pathway of settlement for refugee families or individuals.

The government sponsored Community Refugee Sponsorship program empowers local community groups, of 5 or more members, to support newcomers to settle and integrate by providing social, material, and practical support. Members are provided training and support, and ways to connect with other groups and share experiences. The Australian government selects refugees who have no familial connections in Australia and matches them with a group based on needs and resources.

The Parish Pastoral Council has invited Catholic Mission to speak about the CRISP program during weekend masses this weekend, with the hope that a parish group would form. A parish group could offer a warm, welcoming, and supportive community for a refugee newcomer. Join us to hear about the success of this program in other Sydney parishes and around the country.

If you would like to know more about the CRISP program, please contact our Anne Nesbitt: anne.nesbitt@catholicmission.org.au.

A Golden Age of Keyboard Music

Music by Cabezon, Correa, Gabrieli, Merulo, Storace, Bull, Byrd and Tomkins



Sunday 25th August 2pm
St Brigid's Marrickville
392 Marrickville Road

Tickets \$40/\$30/\$20
Attend in person or watch later online
Tickets www.trybooking.com/CTSED



Nicholas Parle Harpsichord

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The Catholic Weekly - PULPIT POINTS

- Religious freedom is still possible, says Professor Helen Alvaré p1-2
- Jamberoo Benedictines call for help for damaged abbey p3
- Religious Discrimination and 'Equality' Bills delayed again p4-5
- Disciple Diaries: Muslim badminton star joins 'Team Jesus' p6
- Morale key to restoration of priesthood: Fr John Hill p12
- Fr John Flader on conscience and the magisterium p18

Recently Deceased: Elizabeth McGee, Carmelo Vitelli, Tony Kassis, Tony Mansour, Violette Touma, Bradley Smith

Death Anniversaries: Mitchell Rodrigues, Hanna Dahdah, Masi Togia Lafo, Scott Worland, Grace Yeo, Reginald Kilmartin, Michel & Andre Wehbe, Maria Hong Thi Ngo, Pavlovic Kataca, Zabede Yamine, Dr Patrick Thompson, Anna Hoang, Thi Mien, Terry Kelly, Maureen Power, Mary Patricia Brock, John Ernest Parry, Fredia Mary Thomas, Sayed Ibrahim Yammine, Jose Parungao, Anne Margaret Eager, Budawi Attie, Kathleen McInerney

Carrying Severe Illness: Elizabeth Pizzuto, James Misi, Steven Para, John Love, Eileen McClement, Mary Angela Thomas, Lidia Obeid, George Clavigo, Huyen Nguyen, Georgette Khoury, Greg Glass, Penelope Lincoln, Paul Darbyshire, Leonardo Sofi, Paul Massi, Maria Caccamo, Paul Murphy, Michael Natoloczny, Laurice Sassine, Sharon Micallef, Nick Rizzo, Susan King, Tina Schino, Fr Christopher Mithen CP, Violet Touma, Damia Roumie, Jose Gomes, Catherine Vella, Laura Nolan, Angela Augerinos, Antonios Gebrael, Gloria Susana Rojas, Rudi Presern, Colin Constantinou, Lilyan McAusland

Other intentions: Josephine & Joseph Farah, Wendy Lamb, Ethan Seng, Carmelo Vittilli



Mass Texts: 20th Sunday in Ordinary Time

First Reading: Prov 9:1-6
Come and eat my bread drink the wine I have prepared.

Response: Ps 33:2-3, 10-15
Taste and see the goodness of the Lord.

Second Reading: Eph 5:15-20
Be watchful that you may know the will of God.

Gospel Acclamation:
Alleluia, alleluia! All who eat my flesh and drink my blood live in me and I in them, says the Lord.
Alleluia!

Gospel: Jn 6:51-58
My flesh is real food and my blood is real drink.



PARISH CALENDAR 2024

AUGUST

18th Sun	2.00pm	Senior's Group
	7.00pm	Youth Group
23rd Fri	7.00pm	Tongan Mass
25th Sun	2.00pm	Concert in Church
	7.00pm	Youth Group
27th Tues	7.00pm	PPC Meeting

SEPTEMBER

1st Sun		Father's Day
8th Sun		Safeguarding Sunday
		60th Anniversary
		Fr Tony Eager
	7.00pm	Youth Group
15th Sun	2.00pm	Senior's Group

Liturgical Timetable

MONDAY - FRIDAY: Mass at 6:45am followed by Exposition and Rosary.
Adoration and Benediction at 8.45am followed by Mass at 9.00am and Rosary.

SATURDAY: Mass at 8:00am followed by Holy Rosary. *Reconciliation:* 4.30pm.
Mass: 5.00pm (Livestreamed) and 6.30pm (Vietnamese).

SUNDAY: Mass at 8.00am | 10.30am (bilingual) | 4.00pm (Vietnamese) | 6.00pm.

Ministry of Care & Support to Aged and Infirm

Communion is taken to sick residents in Nursing Homes & in their homes on a weekly basis, either by Ministers of Care or family members. Blessing for the Ministers will be given after Mass.

Sacrament of Anointing of the Sick is offered after 9.00am Mass on the first Friday of each month.

DAILY MORNING MASSES

Date	Lay Min	Reader
Mon 6:45	Vinh N	Jim Y
9:00	Mary T	Liz
Tue 6:45	Albert N	Viet
9:00	Mary T	Viet
Wed 6:45	Albert N	Paul C
9:00	Liz	Buddy
Thu 6:45	Paul C	Michael P
9:00	Thom Thao	Joanna
Fri 6:45	Vinh N	Patricia
9:00	Tony C	Leila W
Sat 8:00	Jim	Judy

WEEKLY ROSTER

	Lectors/Commentators		Communion Ministers		Acolytes / Altar Servers	Collector In-charge
	17/18 Aug	24/25 Aug	17/18 Aug	24/25 Aug		
Saturday 5:00pm	Com: Kelelia A 1st: Leila W 2nd: Michael H	Com: Margaret H 1st: Jim Y 2nd: Ofa T	Michael H Margaret H Leila W Ofa T	Carole P Michael P Thu H Elizabeth B	M. Dillon Vinh N. Sophia N.	Jim Y. Michael P.
Sunday 8:00am	Com: Marco G 1st: John S 2nd: Stephen O	Com: Margaret T 1st: Joseph F 2nd: Joanna V	F. Seufale Margaret K John S	Margaret T Joseph F Joanna V	Dennis M. Luca G Antonella G	Peter H. Maria M.
Sunday 10:30am	Com: Aiden K 1st: Angie C 2nd: Italian	Com: Robert G 1st: Trang L 2nd: Italian	Peter J John M Aiden K Tony H	Angie C Bernadette Y Giuseppe S Tony C	Albert N Anthony N	Tony C. Giuseppe S
Sunday 6:00pm	Youth Mass	Youth Mass	Rex H Lina E Charlie E	Arthur K Alexis H Lenore D	Tony H. Charlene E. Celina E. Alexis H.	Arthur K. Jackie K

Safeguarding Office:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office on safeguardingenquiries@sydneycatholic.org or 9390 5810. You may also speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.

